



# Southeast Biofeedback and Clinical NeuroScience Assoc.

Nov 5-8

**SBCNA 2015 Fall Conference**

Charlotte, NC

**PRESENTS:**

## Biofeedback and Neurofeedback: Principles and Practices of Training Self-Regulation for Optimal Health

Co-sponsored by



The SBCNA 2015 Fall Conference is an inter-disciplinary/multi-disciplinary conference that seeks to examine:

- ⇒ Principles and Practices of training self-regulation and the role of biofeedback and neurofeedback
- ⇒ Methods and techniques with potential to enhance outcomes using self regulation and other natural methods
- ⇒ Take-home recommendations, strategies and practices that support efficacy of BFB/NFB for optimal health
- ⇒ Best practice techniques that enhance outcomes for BFB and NFB therapies
- ⇒ Leading edge research in neurodegeneration and important trends in biofeedback / neurofeedback

### PRE-CONFERENCE

November 5th

#### Introducing Biofeedback Into Your Practice - Dan Chartier, PhD

Outstanding introduction to the principles and practice of professional biofeedback  
Suitable for practitioners evaluating adding biofeedback through intermediate level practitioners  
Filled with clinical pearls to improve all phases from intake and evaluation, technique and success

#### Introducing Neurofeedback Into Your Practice - Richard Soutar, PhD

Learn about the exciting field of neurofeedback from one of the nations finest teachers and mentors  
Suitable for all levels, from initial interest through seasoned professionals  
Dr. Soutar brings leading edge neuroscience into practical principles and the hands of practitioners

### FALL CONFERENCE

November 6-8

- ⇒ Dan Chartier
- ⇒ Penijean Aster-Gracefire
- ⇒ Kirtley Thornton
- ⇒ Richard Soutar
- ⇒ Lewis Opler, MD, PhD
- ⇒ Paul Ramirez
- ⇒ JP Ginsberg
- ⇒ Robert Longo
- ⇒ Apex Performance: ⇒ Amy Toms ⇒ Lisa Grossman ⇒ Marcus Washington ⇒ James Schwabach

AND MUCH MORE

FOR MORE INFORMATION VISIT: <http://sebiofeedback.org/2015-Biofeedback-Neurofeedback-Cconference>

Pre-Conference November 5 from 9 am to 5 pm

Fall Conference November 6-8

Location: Doubletree by Hilton Charlotte Airport, 2600 Yorkmont Rd. Charlotte, NC 28208